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Erika's FYP Update



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Hello all and thank you for your interest in For Your Pleasure.

You are receiving this newsletter because you either attended, expressed interest or Hosted a Pleasure Party by me.

My goal for this newsletter is to send you updates on products and some tips, and to also let you know of any sales or new products. Please feel free to e-mail or call me at any time. I am always ready to book a party or take individual orders.

To no longer receive this letter please call and leave a message with your name and remove.

The G – SPOT aka The Goddess Spot (just my Opinion)

Elusive, almost mythical, but yet undeniable. For some women it is the Holy Grail and for some women's partners it is the eternal *search* for the Holy Grail. However, to most men, it seems that the necessity of finding the G-spot is being questioned. If we've found the clitoris why look for the big G?

It seems like the clitoris is stealing the spotlight. Don't get me wrong, I have nothing against the clitoris, but the fact of the matter is the clitoris has been in the spotlight too long. Ladies and Gentlemen, it is time to welcome back the G-spot!

The G-spot, named by a male doctor Grafenburg, is probably not a spot but a region. It can be touched or rubbed during sexual pleasuring to promote its own release, the G-spot orgasm.

It is true that the clitoris has some definite advantages over the G-spot like that fact that it is easy to find. Like the old saying goes "All roads lead to Rome". On the woman's downtown map, all roads lead to the clit. There is no reason for a man not to know where the clitoris resides. Most women know how to find their clitoris even if they have only spent 5 minutes by themselves exploring their own body. The G-spot however, takes a little more time and persistence.

The G-Spot is behind the vaginal walls in the front, about a third of the way up, and is most noticeable as you touch it when you are aroused. It seems to have a slight pulsation, and the tissue inside the wall against it is softer than the rest.

Finding the clitoris takes less work. There is an arsenal of known tools (tongue, fingers, vibes, bullets, etc.) that will stimulate the clitoris. But the G-Spot require a bit more work and patience, but boy is it worth it!!!!

Simple Question answered:

Where is it and What Size is it?

The size and location of the G-spot will vary from one woman to another. The G-Spot is a bean shaped mass of nerve tissue located about halfway between the back of the pubic bone and the top of the cervix. It lies approximately 2-3 inches inside the vagina, directly behind the pubic bone.

How Do I Find the G-Spot?

Just remember sometimes even women have a hard time finding it, let alone believing they have one. Here is an easy method on how to find it.

To explore this area, have your partner lie down, knees bent and feet flat on the bed, with a small pillow under her buttocks. Insert the length of your lubricated fingers into her vagina towards her navel. This will be about two inches inside the vagina.

Press with one or two fingers against the front wall of her vagina.



Murphy's Law

What matters is not the length of the wand, but the magic in the stick.

Any questions? Want to place an order??
E-mail me. EGML @SPRINTMAIL.COM



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The G-Spot Cont

Because the G-spot is surrounded with tissue and is deep in the vaginal wall, you may want to apply a little more pressure than usual.

Have your partner tell you when you hit the right place. Once you find the right spot you need to slide your fingers from side to side. You may find that it becomes firm and swells.

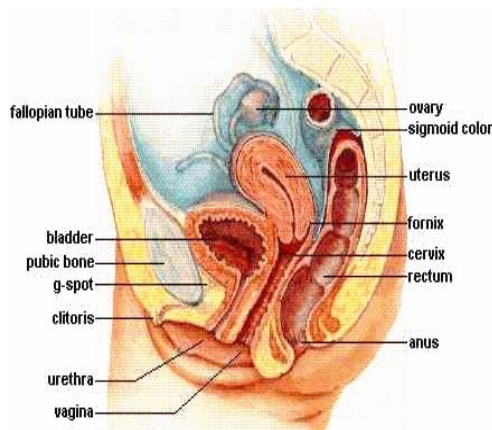
How Do I Stimulate the G-Spot?

You can stimulate her G-Spot most easily by having your partner lie on her belly with her legs spread apart and her hips slightly elevated. Insert your fingers with your palm down, using your two fingers to stimulate the front wall. Have your partner move her hips to make contact with your fingers.

As you feel your partner become more aroused, slip the other hand under her abdomen above her pubic hairs and slowly press. This will insure that there is enough pressure to stimulate the G-spot. This here position resembles the "Doggy Style" position. Now you know why women

love "Doggy Style" sex.

You can also use a vibe that does double duty. One that I recommend is the **Decadent Indulgence**. It rotates to hit that infamous G-spot, and has a clitoral stimulator on it!! Also the **Tera's Ribbed G** and the **Flamboyant Finger**, has curved heads just perfect for G-Spot Stimulation.



Other important G-spot Facts:

- Most women need firmer pressure to the front of the vagina, with quick rhythm and a lot of friction to have a G-Spot orgasm.
- It's possible that by stimulating the G-Spot your partner may ejaculate a small amount of white or clear fluid when she

climaxes. One video that may help to explain some of this natural phenomenon is *How to Female Ejaculate, with Fannie Fatale*. Or you can obtain books on the G-spot, such as the "bible" by Dr. Whipple and colleagues .



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- You can ask a stranger for chocolate without getting your face slapped.

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Stuart Macfarlane ©